

**March 2-5, 2023 NE Swimming 11-14 Age Group Championship  
Hosted by Charles River Aquatics - Team Warm Up Assignments**

**Thursday, March 2, 2023 Warm-Ups 4:00-4:40 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
<b>General warm up all lanes</b>												

**Thursday, March 2, 2023 Warm-Ups 4:40:-5:00 PM, Meet Start at 5:05 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
<b>PACE</b>	<b>PACE</b>	<b>SPRINT</b>	<b>SPRINT</b>	<b>GENERAL</b>	<b>GENERAL</b>	<b>SPRINT</b>	<b>SPRINT</b>	<b>PACE</b>	<b>PACE</b>	<b>GENERAL</b>	<b>GENERAL</b>	<b>GENERAL</b>

\*Teams may conduct one-way sprints in their assigned lanes at the concurrence of all teams assigned to the lane\*

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**Friday, March 3, 2023 13-14 Prelims Session, Warm-Ups 7:00-7:25 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
ABF	ABF	BYB	PHX	SOLO	CS	KING	STRM	CRA	CRA	GENERAL	GENERAL	GENERAL
			WW	SSYS	USC	AA	UVAC					
				YMNT			EDGE					

**Friday, March 3, 2023, 13-14 Prelims Session, Warm-Ups 7:25-7:50 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
BGSC	BGSC	ESC	CRIM	CRIM	CRIM	ATST	HAY	LIFE	MWYS	GS	GS	ATLA
	YNS	NSSC			WCP	GMA	ARCT	ADDI	RAYS			
							SAIL	CLIP	RIAC			
							UN	GFA	AYST			

**Friday, March 3, 2023 13-14 Prelims Session, Warm-Ups 7:50-8:00 AM, Meet Start at 8:05 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE	GENERAL	GENERAL	GENERAL

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**Friday, March 3, 2023 11-12 Prelims Session, Warm-Ups 10:30-10:55 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
BGSC	BGSC	ABF	ABF	BYB	STRM	MWYS	CRA	CRA	CRA	GENERAL	GENERAL	GENERAL
		YNS		USC	SSYS	AA	SOLO		KASC			
				WAVE		LIFE						
				WCP								

**Friday, March 3, 2023 11-12 Prelims Session, Warm-Ups 10:55-11:20 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
CRIM	CRIM	KING	ATST	PHX	HYV	CCSC	MIDD	GLYB	MTSC	GFA	GENERAL	GENERAL
		SSC	UVAC	NSSC	ESC	GS	ATLA	JCCS	EDGE	TBA		
		SAIL				HAY	CLIP	ARCT	UN	RIAC		
							DHH					

**Friday, March 3, 2023 11-12 Prelims Session, Warm-Ups 11:20-11:30 AM, Meet Start at 11:35 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE	GENERAL	GENERAL	GENERAL

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**Saturday, March 4, 2023, 13-14 Prelims Session- Warm-Ups 7:00-7:25 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
MWYS	SOLO	PHX	KING	ABF	ABF	ESC	BYB	CRA	CRA	GENERAL	GENERAL	GENERAL
NSSC			EDGE			RAYS	ARCT					
LIFE												
WW												

**Saturday, March 4, 2023, 13-14 Prelims Session- Warm-Ups 7:25-7:50 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
CS	CRIM	CRIM	CRIM	STRM	GMA	UVAC	SAIL	BGSC	BGSC	GENERAL	GENERAL	GENERAL
WCP	USC			AA	ATST	ADDI	YMNT		YNS			
					CLIP	GFA	SSYS					
							WCP					

**Saturday, March 4, 2023 13-14 Prelims Session, Warm-Ups 7:50-8:00 AM, Meet Start at 8:05 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE	GENERAL	GENERAL	GENERAL

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**March 2-5, 2023 NE Swimming 11-14 Age Group Championship  
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**Saturday, March 4, 2023 11-12 Prelim Session, Warm-Ups 10:45-11:10 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
UVAC	STRM	ABF	ABF	KING	BGSC	BGSC	CRA	CRA	CRA	GENERAL	GENERAL	GENERAL
CS	CCSC		BYB						KASC			
GFA												

**Saturday, March 4, 2023 11-12 Prelims, Warm-Ups 11:10 AM-11:35 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
AA	GS	YNS	CRIM	CRIM	CRIM	SSYS	MTSC	ATST	NSSC	ARCT	BAY	LIFE
ESC	PHX	USC			HYV	HAY	MWYS	EDGE	SOLO	RIAC	CLIP	WAVE
MIDD	CS									SAIL	SSC	DHH
BYD										YMNT	JCCS	PVA
										UN		WCT
												WTST

**Saturday, March 4, 2023 11-12 Prelims Session, Warm-Ups 11:35-11:45 AM, Meet Start at 11:50 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE	GENERAL	GENERAL	GENERAL

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**Sunday, March 5, 2023, 13-14 Prelims Session Warm-Ups 7:00-7:25 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
STRM	ESC	ABF	ABF	ABF	BYB	CS	PHX	CRA	CRA	GENERAL	GENERAL	GENERAL
USC	GFA					GMA	SSYS					
							RAYS					

**Sunday, March 5, 2023, 13-14 Prelims Session Warm-Ups 7:25-7:50 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
UN	CRIM	CRIM	CRIM	SOLO	KING	ATST	ARCT	BGSC	BGSC	GENERAL	GENERAL	GENERAL
UVAC			NSSC	SAIL	MWYS	GMA	ADDI		AA			
EDGE					WMNT	YNS	CLIP					
WW							RIAC					
HAY												

**Sunday, March 5, 2023 13-14 Prelims Session, Warm-Ups 7:50-8:00 AM, Meet Start at 8:05 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE	GENERAL	GENERAL	GENERAL

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**Sunday, March 5, 2023, 11-12 Prelims Session Warm-Ups 11:00-11:25 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
MWYS	YNS	SSYS	ABF	ABF	BGSC	BGSC	CRA	CRA	CRA	GENERAL	GENERAL	GENERAL
AA	PHX	SAIL		USC			GS					
		WCP										

**Sunday, March 5, 2023, 11-12 Prelims Session Warm-Ups 11:25-11:50 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
MTSC	ATST	KING	CRIM	CRIM	CRIM	BYB	STRM	SOLO	UVAC	GLYB	JCCS	LIFE
NSSC	CS					ESC	CCSC	EDGE	HYV	BAY	WAVE	CLIP
	ATLA									UN	PVA	GFA
	HAY									ARCT	WTST	YMNT
										RIAC		

**Sunday, March 5, 2023 11-12 Prelims Session, Warm-Ups 11:50-12:00 PM, Meet Start at 12:05 AM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE	GENERAL	GENERAL	GENERAL

\*Teams may conduct one-way sprints in their assigned lanes at the concurrence of all teams assigned to the lane\*

**March 2-5, 2023 NE Swimming 11-14 Age Group Championship  
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**Friday, Saturday, Sunday Finals Warm-Ups 4:30-5:10 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
General warm up all lanes												

**Friday, Saturday, Sunday Finals Warm-Ups 5:10:-5:30 PM, Meet Start at 5:35 PM**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PACE	PACE	SPRINT	SPRINT	GENERAL	GENERAL	SPRINT	SPRINT	PACE	PACE	GENERAL	GENERAL	GENERAL

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