



New England Swimming
11 –14 SCY Age Group Championships

Presented by: Charles River Aquatics
 Boston Sports Institute

March 2 – 5, 2023

Held under the sanction of USA Swimming/New England: NE23-0302CRA



Meet Director	Dan Warner	danwarner1955@gmail.com	978-852-3985
Meet Referee	Derek Helmer	Dhelmer1970@gmail.com	978-833-0763
Entry Chair	Dan Warner	danwarner1955@gmail.com	978-852-3985
Admin Referee	Jessica Workman	jessworkman.swim@gmail.com	802-238-2326
Safety Monitor	Lindsay D'Angelo	Contact Meet Director	

APPLICATION TO OFFICIATE

SESSIONS (Event List at End of Document): *The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received.*

Date	Session Name	Warm up	Start
Thursday March 2, 2023	11-14 Timed Finals	4:00pm	5:05pm
Friday March 3, 2023	13-14 Prelims	7:00am	8:05am
Friday March 3, 2023	11-12 Prelims	10:30am	11:35am
Friday March 3, 2023	11-14 Finals	4:30pm	5:35pm
Saturday March 4, 2023	13-14 Prelims	7:00am	8:05am
Saturday March 4, 2023	11-12 Prelims	10:45am	11:50am
Saturday March 4, 2023	11-14 Finals	4:30pm	5:35pm
Sunday March 5, 2023	13-14 Prelims	7:00am	8:05am
Sunday March 5, 2023	11-12 Prelims	11:00am	12:05pm
Sunday March 5, 2023	11-14 Finals	4:30pm	5:35pm

A live meet page with live results and additional meet info will be active for this meet.

It will be accessible closer to the meet at

crameets.com/23scag

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. **Any updated session times received from the meet host will be reflected on the EVENT page of the neswim.com website or by visiting crameets.com/23scag.**

IMPORTANT DEADLINES

Entry Deadline: Tuesday February 21, 2023 @ 9:00 pm
New Cuts Deadline: Monday February 27, 2023 @ 7:00 pm
Payment deadline: Saturday February 25, 2023

SITE

The Boston Sports Institute Competition Pool is a 10-lane, 25-yard pool with seven-foot-wide lanes, non-turbulent lane lines, and Spectrum Aquatics/CTS backstroke wedges. The timing system includes a fully automatic Colorado Time Systems electronic timing system with touchpads at the finish end of the pool with a state-of-the-art video display/scoreboard. There are no touchpads at the turn end of the pool. Attached to the main pool is a diving well area that is available for warm-up and warm-down, approximately 3 (25-yard) lanes. The finish end of the pool is 12.5 feet deep; the turn end of the pool is 7 feet deep. Spectator seating is for 300. The pool is located inside the Boston Sports Institute Athletic Complex, 900 Worcester Street, Wellesley MA 02482. Please enter through the main entrance at the front of the building. Directions may be found later in this document.

The competition course has not been certified in accordance with 104.2.2C(4).

FORMAT:

- Individual events will be swum as 11/12 and 13/14, with the exception of the 1000 and 1650 Freestyle which will swim as timed finals and will swim fast to slow alternating heats of girl, boy.
- The meet will be conducted in a trials/finals format, with one Consolation heat (B final) and one Championship heat (A final) in each age group (11-12 and 13-14).
- The 400 IM and 500 free will be swum as timed finals for 11/12 and as prelim/finals for 13/14 with two final heats.
- The prelim session heats of each event may be flighted at the discretion of the meet referee.
- All swimmers in distance events must provide their own timers and in events longer than 400 swimmers must provide their own counter.
- No events will swim with more than one swimmer per lane

SCRATCHES

All Thursday events will be positive check in due by 15 minutes after the start of the warmup.

- All Friday prelim scratches due to the Admin Referee by Thursday at 6:00 pm.
- All Saturday prelim scratches due to the Admin Referee by Friday at 6:00 pm.
- All Sunday prelim scratches due to the Admin Referee by Saturday at 6:00 pm.

Sunday distance events will be positive check in due by the scratch deadline Saturday evening.

SPECIAL SCRATCH NOTES:

Coaches and swimmers are expected to understand the scratch, verification and relay rules before the meet begins.

	<p>In all events where preliminary heats are necessary or in any timed final event for which the swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched in will be barred from all further individual and relay events of that day. The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim prior to the close of the scratch box for that day's events.</p> <p>Failure to compete in the finals round of a prelim/finals event, without properly scratching, will result in the swimmer being barred from all further competition for the remainder of the meet, including relays and time trials. If the swimmer has no further competition from which to be penalized, a \$100 fine will apply. Scratches from finals will be conducted in accordance with articles 207.11.6D and 207.11.6E in the USA Swimming rules. Any swimmer who competes in a preliminary heat and qualifies for Finals must notify the Admin Referee of his/her intention to withdraw from Finals within 30 minutes of announcing the results; email scratches from finals will not be accepted.</p> <p>A swimmer not originally announced or posted as qualifying for finals, who is seeded in a final due to the scratch of another swimmer, will not be penalized for failing to swim in that final; however, ALL swimmers are asked to scratch from finals if they do not intend to swim, so other swimmers are given the opportunity to be ready to swim in Finals should there be empty lane(s).</p>
COURSE	SCY
ELIGIBILITY	<ul style="list-style-type: none"> ● All swimmers must be currently registered as athlete members of United States Swimming and New England Swimming. New England swimmers must have a proof of age on file by the above deadline in order to compete ● Age is determined by the age of the swimmer on the first day of the meet. ● Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. ● Coaches must be registered before the start of the meet. ● All swimmers must have achieved the time from a sanctioned, approved, or observed meet that is posted in the SWIMS database. ● If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting the entry. ● Deck registrations will NOT be accepted.
VERIFICATION	<p>All entries will be reviewed by New England Swimming. All entry times must be provable in the SWIMS database to verify times achieved since Nov 1, 2021. Any entry times not in the SWIMS database will be rejected. It is the responsibility of the entering team to verify the times are from a USA sanctioned/approved/observed time in SWIMS. Please send a copy of your entry verification report with your entries.</p>

DISABILITY SWIMMERS	<ul style="list-style-type: none"> • Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
BONUS STRUCTURE	<p>Must be a time that is verifiable in SWIMS</p> <ul style="list-style-type: none"> • Qualify in 1 event – get 3 bonus events • Qualify in 2 events – get 2 bonus events • Qualify in 3-6 events – get 1 bonus event • Bonus events cannot be 400 yards or more
CUT PROTOCOL	<p>If a session is over-subscribed based on the covid/facility guidelines and restrictions, the following changes will take place in the meet format in no particular order: (Clubs will be notified of all changes by Monday, February 27, 2023).</p> <ul style="list-style-type: none"> • Bonus events will be cut. • Relays will be cut to 1 relay per team.
ENTRIES	<ul style="list-style-type: none"> • Electronic entries should be emailed as an attachment to the entry chairperson. • Please check that your team's name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: Saturday February 25, 2023. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • Mail completed signed entry cover page and waiver, and payment to the host team: <p style="text-align: center;">Charles River Aquatics 900 Worcester St, Wellesley, MA 02482</p> <p style="text-align: center;">Make checks payable to: Charles River Aquatics</p> <p>Any team that fails to send payment, cover page and waiver form, by the entry due date may be scratched from the meet and may be assessed a \$100 fine at the discretion of the Entry Chairperson. If no payment is received after 30 days, the fine is doubled. This fine is payable to the "Charles River Aquatics" Late payment of entry fees may result in future exclusion from meets hosted by our club.</p> <p>IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery.</p> <ul style="list-style-type: none"> • Entries will be acknowledged within 48 hours of the first date of entry if they are accepted into the meet. <i>Your entry is considered received only if you receive an acknowledgement.</i> • All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins. • Swimmers may enter as many events in which they have qualified, but may only compete in a maximum of three (3) individual events per day (including time trials) and a maximum of seven (7) individual events in the meet (not including time trials). • NEW CUTS: Entries for athletes achieving the qualifying standards for the first time between February 21 and February 27 may be sent via email to the Entry Chair. These entries must be received no later than 7:00 pm on Monday, February 27, 2023. Full payment and a printed copy of the entry must be received prior to the start of the meet. If payment is not received, the swimmers will be scratched from the meet.

ENTRY INFORMATION	Qualification period: November 1, 2021 through the entry deadline. Seeding order: SCY, LCM, SCM
RELAYS	<ul style="list-style-type: none"> ● Dual Human Confirmation of relay take off violations will be required at all New England Swimming meets. ● Unattached swimmers may not participate in any relays. ● Mixed relays must consist of four eligible swimmers, two of each gender ● All relays will be swum as timed finals. ● Relays compete as 11-12 and 13-14. Teams are limited to 2 qualifying relays in each age group (A&B) ● Each relay entry must have achieved the qualifying time during the qualifying period. Aggregate entry times may be used. Teams may substitute relay swimmers at the meet with other swimmers that are entered into the meet, including relay only swimmers. Coaches must supply proof of time for all relay entries, including aggregate times. ● All 13/14 200 Medley Relays will be entered with 400 Medley Relay times. ● Relay-only swimmers must be correctly entered into the meet by the entry deadline and pay the \$30.00 participation fee and the NES travel surcharge of \$2.00. ● If time allows, there will be a 10-minute break between events and the relays. ● Relays must be scratched by the scratch deadline the night before. ● Teams will be fined \$100.00 for each unproven relay entry, payable to New England Swimming. Subsequent unproven relay entries will be referred to the New England Swimming Board of Review. ● Relay cards must be submitted to the Control Table <u>Thirty (30) minutes after the start of each warmup</u>. Names and the order may be changed up to the time of the relay heat. Any changes should be submitted to the Control Table before the start of that relay.
TIME TRIALS	Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays. All swimmers wishing to time trial must email the entry chair by Wednesday, March 1 st at 9 PM with club name, swimmer's full name and complete USA ID#.
FEES	<p>Individual events 200 yards and under: \$10.00</p> <ul style="list-style-type: none"> ● Distance events (events 400 yards and over). \$10.00 ● \$25.00 for Relays ● Time Trials \$10.00 for IE, \$40 for relays ● Swimmer Participation Fee is \$30.00 per swimmer ● NES Travel Fee: \$2.00 per swimmer (to be included in the check and the host team will send to NE Swimming)
ADMISSIONS	<ul style="list-style-type: none"> ● PROGRAMS: \$4.00 Prelims, \$5.00 Finals ● Admissions: No charge
LIVESTREAM	<ul style="list-style-type: none"> ● A state-of-the-art livestream with graphics and professional cameras will be available for purchase ● Be on the lookout on the meet page for pricing and purchase
WARM-UP	<p>The pool will open for warm-ups as designated on the event list but will be finalized once entries are received. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received. There will be 3 lanes of continuous warm up/warm down available throughout all sessions.</p> <p>See "Safety" for Warm-up safety guidelines.</p>

TIMERS AND OTHER WORKERS	<p>All teams will be assigned to time based on the number of entries. A team will be fined \$100 per incident if it does not provide the timers it has been assigned, and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid. This can be appealed to the Admin Review Board of New England Swimming and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.</p>																																																															
AWARDS	<p>Medals will be awarded for the first 10 places in individual events and for the first 3 places in relay events. Ribbons in places 11th – 20th will be awarded for 11/12-year-old individual events.</p> <ul style="list-style-type: none"> ● Awards will be presented to the top 10 finishers in each event ● The top 8 high point winners for girls and boys, in each age group, and the top 3 teams, will be awarded a plaque. The high point ceremony will take place on Sunday evening at the conclusion of the session. Coaches are responsible for making sure their swimmer is present to receive their award. 																																																															
SCORING	<p>The meet will be scored as follows: (If any age group reduces to one heat in finals, the scoring will continue to include places 11-20 in the prelims).</p> <table border="1" data-bbox="402 724 1518 903"> <thead> <tr> <th>Place</th> <th>1</th> <th>2</th> <th>3</th> <th>4</th> <th>5</th> <th>6</th> <th>7</th> <th>8</th> <th>9</th> <th>10</th> <th>11</th> <th>12</th> <th>13</th> <th>14</th> <th>15</th> <th>16</th> <th>17</th> <th>18</th> <th>19</th> <th>20</th> </tr> </thead> <tbody> <tr> <td>Ind</td> <td>24</td> <td>21</td> <td>20</td> <td>19</td> <td>18</td> <td>17</td> <td>16</td> <td>15</td> <td>14</td> <td>13</td> <td>11</td> <td>9</td> <td>8</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>48</td> <td>42</td> <td>40</td> <td>38</td> <td>36</td> <td>34</td> <td>32</td> <td>30</td> <td>28</td> <td>26</td> <td>22</td> <td>18</td> <td>16</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </tbody> </table>	Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	Ind	24	21	20	19	18	17	16	15	14	13	11	9	8	7	6	5	4	3	2	1	Relay	48	42	40	38	36	34	32	30	28	26	22	18	16	14	12	10	8	6	4	2
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Relay	48	42	40	38	36	34	32	30	28	26	22	18	16	14	12	10	8	6	4	2																																												
LEGAL SPLITS	<p>Individual Events: Preferably, legal splits should be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party should supply an additional timer(s) on the lane for the split, if necessary, to ensure an accurate time. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course. Optionally, a legal split may be requested after the event using a legal split form when using a fully automatic timing system. The Admin Official has discretion to either grant or deny the request after reviewing the available evidence. Backstroke legal splits must be requested in advance to ensure a legal finish.</p> <p>LEGAL SPLITS – Relays: All lead-off splits for relays are automatically loaded into SWIMS and do not require additional watches for validation unless there are no touchpads present, or the second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in the water, a legal split form with three watches will be required for entry into SWIMS. Timers must be positioned over the lane at the end of the racing course. It is recommended that coaches report lead-off time discrepancies to the Administrative Referee or Administrative Official.</p>																																																															
SWIMWEAR	<p>Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers.</p>																																																															
RULES	<ul style="list-style-type: none"> ● The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. ● Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. 																																																															

- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted.
- **PHOTOGRAPHY:** As per New England Swimming policy, professional photographers contracted by the Charles River Aquatics, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests.
- **VIDEO STREAMING:** All video streaming must be approved in advance by the Meet Director. Any such video stream must conform to all current Safe Sport policies defined by USA Swimming, New England Swimming, and the Meet Host. No video stream may originate from behind the starting blocks or from any other area marked as a NO CAMERA ZONE.
- Deck Changing is **PROHIBITED**.
- An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider.
- According to New England Swimming Best Practices, all athletes should shower before entering the pool.
- In accordance with New England Swimming Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
- There will be lifeguards on duty during all sessions of the meet.

SAFETY

- No shaving is permitted at the competition site.
 - No glass containers are permitted within the facility.
 - Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- WARM UP SAFETY:**
- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
 - For all sessions with 12 & Under events, swimmers must utilize a “sit and slide”/“three-point” entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool. If the session includes both 12 & Under events and 13 & Over/Senior events, two warm-up sessions must be utilized, or the “sit and slide”/“three-point” entry will be required for all swimmers.”
 - If a warm-up area for use during competition is provided at the facility: During competition, when entering the warm-up/warm-down area, a “sit and slide”/“three-point” entry is required at all times
 - In extraordinary cases, due to bulkheads and other pool designs, it may be determined that it is unsafe or impossible for swimmers to perform the required sit and slide entry. In such extremely rare cases, the sit and slide rule may be modified. Exceptions to the sit and slide rule shall only be made when performing the sit and slide entry poses risk of injury to swimmers and/or risk damaging or

	<p>ripping of swimsuits. An exception to the sit and slide rule shall only be made when the Safety Monitor, Meet Director, and Meet Referee have evaluated the risks and unanimously determined that the use of the sit and slide entry poses such great risk as to be unsafe. In these cases, the Safety Monitor, Meet Director, and Meet Referee must determine and agree upon an alternative safety plan to ensure swimmer safety.</p>
WEATHER PROTOCOL	<p>If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Referee and Meet Director. If weather requires the cancellation of any finals session, the results of the preliminary session will be the final order.</p>
SAFE SPORT	<p>The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. All infractions must be reported to the Meet Referee or Meet Director.</p> <p>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.</p> <p>USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Susan Pascale-Frechette: safesportne@gmail.com (401-965-0813), or through the USA-S online reportable form.</p>
CHANGES TO MEET	<p>Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Patrick Johnstone. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.</p>
MEET JURY	<p>The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams.</p> <p>The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.</p>
DECK ACCESS	<p>Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their "Good Standing" USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.</p> <p>Credentials for coaches that will serve as deck passes for this event shall be issued to those coaches listed on each team's deck pass request list. These deck credentials are issued according to the below schedule, based upon the total number of participating athletes. If a team wishes to purchase more coach passes than the below stated amounts, there will be a charge of \$35.00 and all coach names and payment must be submitted by the entry deadline and approved by the meet director. All individuals should check in upon arriving at the meet to pick up their deck passes.</p> <p>1-3 swimmers in individual events: 1 coach pass 4-6 swimmers in individual events; 2 coach passes 7-9 swimmers in individual events; 3 coach passes 10-20 swimmers in individual events; 4 coach passes 21-30 swimmers in individual events; 5 coach passes</p>

	<p>31-40 swimmers in individual events; 6 coach passes 41-50 swimmers in individual events; 7 coach passes 51 or more swimmers in individual events; 9 coach passes</p> <p>Unattached swimmers with a team shall be included in above schedule even if listed on separate entry. Unattached swimmers not with a team: 1 registered coach pass</p>
SPECIAL COACHES' NOTES	<p>All coaches should check-in with the Control Table upon arrival at the pool. Heat sheets, scratch cards, and relay cards for that session will be available at the Control Table.</p> <ul style="list-style-type: none"> ● Coaches meeting time and place will be announced during the warmup of each session ● Coaches are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. ● Each team is responsible for cleaning up their area.
GENERAL	<p>The meet host, Charles River Aquatics, requires a signed release form from every athlete participating in the meet. The release form will be sent along with additional facility and event details in the meet brief.</p>
DIRECTIONS	<p>The Boston Sports Institute Athletic Complex is located at 900 Worcester Street, Wellesley MA 02482. Please make sure to take route 9 from either direction. There will be a stop light that will allow you access to the facility from either direction</p>
VENDOR	<p>K&B Sportswear will be in attendance and an apparel vendor will be there.</p>
HOTELS	<p>Click here for hotels</p>
EVENTS	<p>Events and Sessions on template below</p>
WAIVERS	<p>USA Swimming, Inc., New England Swimming, Inc., and Charles River Aquatics cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/New England Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming/New England Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p>



2023 NE CRA 11-14 SCY Age Group Championships

Boston Sports Institute
900 Worcester St
Wellesley, MA 02482

March 2nd-5th, 2023

Event Schedule

Thursday Night Timed Finals

PLEASE NOTE: As the 1000 is for girls and the 1650 is for boys for this session, the 11-12 cuts are on the left side and the 13-14 cuts are the on the right side for the distance events.

G	LCM	SCM	SCY	Event	SCY	SCM	LCM	B
1	N/A	N/A	4:10.29	11-12 400 Freestyle Relay	4:09.59	N/A	N/A	2
3	11:09.39	10:56.59	12:29.99	11-14 1000 Freestyle	10:10.99	9:58.19	11:24.59	
	18:49.39	18:47.99	19:11.99	11-14 1650 Freestyle	19:47.99	19:23.99	19:24.69	4
5	N/A	N/A	8:15.59	13-14 800 Freestyle Relay	7:55.99	N/A	N/A	6

Friday 13-14 Prelims

G	LCM	SCM	SCY	Event	SCY	SCM	LCM	B
9	N/A	N/A	4:21.99	13-14 200 Medley Relay	4:08.89	N/A	N/A	10
13	1:24.29	1:22.19	1:14.09	13-14 100 Breaststroke	1:10.09	1:17.79	1:19.79	14
17	2:18.49	2:15.29	2:01.89	13-14 200 Freestyle	1:56.99	2:09.89	2:13.09	18
21	1:11.99	1:10.59	1:03.59	13-14 100 Butterfly	59.99	1:06.59	1:07.99	22
25	5:32.99	5:26.69	4:54.29	13-14 400 IM	4:41.09	5:11.99	5:18.39	26

Friday 11-12 Prelims

G	LCM	SCM	SCY	Event	SCY	SCM	LCM	B
7	N/A	N/A	2:14.39	11-12 200 Medley Relay	2:11.19	N/A	N/A	8
11	1:32.29	1:30.29	1:21.39	11-12 100 Breaststroke	1:21.99	1:30.99	1:32.99	12
15	2:30.89	2:27.69	2:13.09	11-12 200 Freestyle	2:12.99	2:27.59	2:30.79	16
19	1:20.89	1:19.59	1:11.69	11-12 100 Butterfly	1:11.49	1:19.39	1:20.69	20
23	37.19	36.59	32.99	11-12 50 Backstroke	32.69	36.29	36.89	24
27	6:07.09	6:00.69	5:24.99	11-12 400 IM	5:29.99	6:06.29	6:12.69	28

Friday Finals

G	SCY	Event	SCY	B
29	1:55.99	11-12 Mixed 200 FR Relay	N/A	29
30	1:44.99	13-14 Mixed 200 FR Relay	N/A	30
25		13-14 400 IM		26
11		11-12 100 Breaststroke		12
13		13-14 100 Breaststroke		14
15		11-12 200 Freestyle		16
17		13-14 200 Freestyle		18
19		11-12 100 Butterfly		20
21		13-14 100 Butterfly		22
23		11-12 50 Backstroke		24
31	4:49.29	11-12 400 Medley Relay	4:49.39	32

Saturday 13-14 Prelims

G	LCM	SCM	SCY	Event	SCY	SCM	LCM	B
35	N/A	N/A	1:47.59	13-14 200 FR Relay	1:42.39	N/A	N/A	36
39	2:36.99	2:33.79	2:18.59	13-14 200 IM	2:12.49	2:26.99	2:30.19	40
43	30.09	29.29	26.39	13-14 50 Freestyle	25.09	27.89	28.59	44
47	1:11.99	1:10.79	1:03.79	13-14 100 Backstroke	1:01.19	1:07.89	1:09.09	48
51	2:44.59	2:41.79	2:25.79	13-14 200 Butterfly	2:19.39	2:34.69	2:34.49	52
55	4:54.19	4:47.79	5:29.69	13-14 500 Freestyle	5:16.49	4:36.09	4:42.49	56

Saturday 11-12 Prelims

G	LCM	SCM	SCY	Event	SCY	SCM	LCM	B
33	N/A	N/A	1:56.29	11-12 200 FR Relay	1:55.59	N/A	N/A	34
37	2:54.29	2:51.09	2:34.19	11-12 200 IM	2:33.99	2:50.89	2:54.09	38
41	32.49	31.69	28.59	11-12 50 Freestyle	28.39	31.49	32.29	42
45	1:19.49	1:18.29	1:10.59	11-12 100 Backstroke	1:10.49	1:18.29	1:19.39	46
49	3:03.69	3:00.89	2:42.99	11-12 200 Butterfly	2:44.99	3:03.09	3:05.89	50
53	43.89	42.99	38.69	11-12 50 Breaststroke	38.09	42.29	43.29	54
57	5:18.59	5:12.19	5:56.99	11-12 500 Freestyle	5:59.99	5:14.89	5:21.29	58

Saturday Finals

G	SCY	Event	SCY	B
59	2:12.99	11-12 Mixed 200 Medley Relay	N/A	59
60	4:16.99	13-14 Mixed 200 Medley Relay	N/A	60
55		13-14 500 Freestyle		56
37		11-12 200 IM		38
39		13-14 200 IM		40
41		11-12 50 Freestyle		42
43		13-14 50 Freestyle		44
45		11-12 100 Backstroke		46
47		13-14 100 Backstroke		48
49		11-12 200 Butterfly		50
51		13-14 200 Butterfly		52
53		11-12 50 Breaststroke		54
61	4:21.99	13-14 400 Medley Relay	4:08.89	62

Sunday 13-14 Prelims

G	LCM	SCM	SCY	Event	SCY	SCM	LCM	B
67	2:34.99	2:32.59	2:17.49	13-14 200 Backstroke	2:13.89	2:28.59	2:30.99	68
71	1:04.29	1:02.69	56.49	13-14 100 Freestyle	53.59	59.49	1:01.09	72
75	3:01.59	2:57.59	2:39.99	13-14 200 Breaststroke	2:32.69	2:49.49	2:53.49	76
79	19:47.99	19:23.99	19:24.69	13-14 1650 Freestyle	N/A	N/A	N/A	
	N/A	N/A	N/A	13-14 1000 Freestyle	10:57.39	9:33.99	9:46.69	80

Sunday 11-12 Prelims

G	LCM	SCM	SCY	Event	SCY	SCM	LCM	B
63	36.29	35.59	32.09	11-12 50 Butterfly	31.99	35.49	36.19	64
65	2:49.49	2:47.19	2:30.59	11-12 200 Backstroke	2:32.19	2:48.89	2:51.29	66
69	1:09.99	1:08.29	1:01.59	11-12 100 Freestyle	1:01.39	1:08.09	1:09.69	70
73	3:18.19	3:14.19	2:54.99	11-12 200 Breaststroke	2:58.29	3:17.89	3:21.89	74
77	N/A	1:19.49	1:11.69	11-12 100 IM	1:10.99	1:18.79	N/A	78
81	21:34.89	21:10.89	21:09.49	11-12 1650 Freestyle	N/A	N/A	N/A	
	N/A	N/A	N/A	11-12 1000 Freestyle	12:29.99	10:56.59	11:09.39	82

Sunday Finals

G	SCY	Event	SCY	B
63		11-12 50 Butterfly		64
65		11-12 200 Backstroke		66
67		13-14 200 Backstroke		68
69		11-12 100 Freestyle		70
71		13-14 100 Freestyle		72
73		11-12 200 Breaststroke		74
75		13-14 200 Breaststroke		76
77		11-12 100 IM		78
83	3:49.99	13-14 400 Freestyle Relay	3:38.39	84

