

WELCOME COACHES, OFFICIALS, AND ATHLETES
Boston Sports Institute
Charles River Aquatics New Year Showdown Meet

REMINDERS

SESSION BREAKDOWN FOR JANUARY 13-15, 2023 SHOWDOWN AT THE BSI:

Friday **COMBINED** 11/12 & 15 & Over session

WU Breakdown:	4:30 – 4:50 PM	Ages 11-12
	4:50 – 5:10 PM	Ages 15 & Over
	5:15 PM	Start

Saturday 12-14 session

WU Breakdown:	8:00 – 8:40 AM	General Warm Up
	8:45 AM	Start

Saturday 11 & Under Session

WU Breakdown:	11:30 – 11:50 AM	Boys General Warm Up
	11:50 – 12:10 PM	Girls General Warm Up
	12:15 PM	Start

Sunday **COMBINED** 13/14 & 15 & Over session

WU Breakdown:	8:00 – 8:20 AM	Girls Warm Up
	8:20 – 8:40 AM	Boys Warm Up
	8:45 AM	Start

Sunday 10 & Under session

WU Breakdown:	12:00 – 12:25 PM	General Warm Up
	12:30 PM	Start

PARKING: Park only in legal marked parking spots. **Illegally parked cars will be towed.** Should the parking lot at the BSI fill, there is a large lot adjacent.

TIMER VOLUNTEER WORKERS: We are asking each team for help with 1-2 timers per session that your team has swimmers participating. Timers will meet in the wet corridor to the pool 15 minutes before the start of the session for their briefing and will then be escorted to the timing area on deck

PRE-MEET SCRATCHES: If you have anyone that will not be attending the meet, please email Dan Warner at danwarner1955@gmail.com with those scratches prior to 9:00 PM Thursday January 12, 2023. We will use scratch sheets for each session at the meet as well to eliminate any open lanes.

MEET STREAMING: there will be NO meet streaming for this meet.

MEET MOBILE & HEAT SHEETS: meet mobile will be active throughout the meet and free heat sheets will also be posted through meet mobile. Live results will also be available at this address <https://crameets.com/23jan> with free results and heat sheets.

REGISTRATION ISSUES: Please confirm with NE Swimming any registration issues with your swimmers by Thursday at 5:00 PM with the NE Swimming office.

RELEASE FORMS (ATTACHED): Upon arrival, please turn in your team release signed by the coach to the timing table before your swimmers enter the water. Please keep all individual swimmer releases with you in case the facility should require them.

QUESTIONS: please direct all meet questions to Dan Warner at 978-852-3985 or danwarner1955@gmail.com.