

CRA Prelim Final Meet - February 10-12, 2023

Team Warm-Up Assignments

Friday February 10, 2023, Distance Session Warm-Ups 4:00-4:20 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PPSC	PHX	PHX	PHX	PHX	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA

Friday, February 10, 2023 Distance Session- Warm-Ups 4:20-4:40 PM, Meet Start at 4:45 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
KING	KING	STRM	STRM	GS	GS	USC	USC	KINGM	KINGM	SSYS	CCSC	CCSC
					SEAL					KASC		ATLA

Teams may conduct one-way sprints in their assigned lanes at the concurrence of all teams assigned to the lane

CRA Prelim Final Meet - February 10-12, 2023

Team Warm-Up Assignments

Saturday, February 11, 2023, 13 & Over Prelims Session, Warm-Ups 6:30-6:50 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA

Saturday, February 11, 2023, 13 & Over Prelims Session, Warm-Ups 6:50-7:10 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PHX	PHX	PHX	PHX	PHX	USC	USC	USC	CCSC	CCSC	GS	GS	ATLA
BAT												

Saturday, February 11, 2023, 13 & Over Prelims Session, Warm-Ups 7:10-7:30 AM, Meet Start at 7:35 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
KINGM	KINGM	KINGM	KINGM	KING	KING	STRM	STRM	STRM	PPSC	SEAL	SSYS	KASC

Saturday February 11, 2023, 11-12 Prelims/10 & Under Timed Final Session, Warm-Ups 11:30-11:50 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
GS	GS	STRM	STRM	BAT	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA

Saturday February 11, 2023, 11-12 Prelims/10 & Under Timed Final Session, Warm-Ups 11:50 AM-12:10 PM, Meet Start at 12:15 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
KINGM	KINGM	KINGM	KING	KING	KING	USC	USC	SEAL	PHX	KASC	SSYS	ATLA

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CRA Prelim Final Meet - February 10-12, 2023

Team Warm-Up Assignments

Sunday February 12, 2023, 13 & Over Prelims Session- Warm-Ups 6:30-6:50 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA

Sunday February 12, 2023, 13 & Over Prelims Session- Warm-Ups 6:50-7:10 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
KINGM	KINGM	KINGM	KINGM	KING	KING	STRM	STRM	STRM	PPSC	SEAL	SSYS	KASC

Sunday February 12, 2023, 13 & Over Prelims Session- Warm-Ups 7:10-7:30 AM, Meet Start at 7:35 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
PHX	PHX	PHX	PHX	PHX	USC	USC	USC	CCSC	CCSC	GS	GS	ATLA
BAT												

Sunday February 12, 2023, 11 & Over Mixed 1000 Freestyle Session Warm-Ups 10:35-10:55 AM, Meet Start at 11:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
GENERAL WARM UP												

Sunday February 12, 2023 11-12 Prelims/10 & U Timed Final, Warm-Ups 12:15-12:35 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
KINGM	KINGM	KINGM	KING	KING	KING	USC	USC	SEAL	PHX	KASC	SSYS	ATLA

Sunday February 12, 2023 11-12 Prelims/10 & U Timed Final, Warm-Ups 12:35 PM-12:55 PM, Meet Start at 1:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
GS	GS	STRM	STRM	BAT	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA

Teams may conduct one-way sprints in their assigned lanes at the concurrence of all teams assigned to the lane

CRA Prelim Final Meet - February 10-12, 2023

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Saturday, February 10, 2023, Final Session Warm-Ups 4:00-4:20 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13

Saturday, February 11, 2023 Final Session- Warm-Ups 4:20-4:40 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13

Saturday, February 11, 2023 Final Session- Warm-Ups 4:40-5:00 PM, Meet Start at 5:05 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13

Teams may conduct one-way sprints in their assigned lanes at the concurrence of all teams assigned to the lane

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Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13

Sunday, February 12, 2023 Final Session- Warm-Ups 4:20-4:40 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13

Sunday, February 12, 2023 Final Session- Warm-Ups 4:40-5:00 PM, Meet Start at 5:05 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13

Teams may conduct one-way sprints in their assigned lanes at the concurrence of all teams assigned to the lane