

2022 Charles River Aquatics December Invitational Important Information for Teams/Coaches

Important Contacts

- Dan Warner, Meet Director – 978-852-3985 – danwarner1955@gmail.com
- Derek Helmer, Meet Referee – 978-833-0763 – dhelmer1970@gmail.com
- Patrick Hunter, Administrative Referee – 612-845-3031 – phunter.usaswimming@gmail.com

Accommodations

- Tape (no elastic therapeutic tape per USA Swimming Rules), Swimsuit Waivers, and/or disability- please see Derek

Conduct of Meet- Thursday

- 10 Lanes
- Flyover starts, comfortably paced
 - Swimmers to remain in pool at end of race
- 500 Freestyle- Fastest to slowest, no alternating
- 1650 Yard Freestyle- Fastest to slowest, alternating heats women then men
- Swimmers must provide at least one timer

Conduct of Meet- Friday, Saturday, and Sunday Prelims

- 10 Lanes
- Flyover starts, comfortably paced
 - Swimmers to remain in pool at end of race (with the exception of backstroke)
- All events seeded slowest to fastest, with exception of 1000 Freestyle
- 1000 Freestyle- Fastest to slowest, no alternating
- 500 Freestyle, 1000 Freestyle, and 400 Individual Medley- Swimmers must provide at least one timer
- All relays will be swum in prelims

Conduct of Meet- Finals

- 10 Lanes
- 10 & Under Events- A Final only
- 11-12 and 13-14 Events- A and B Finals
- Senior Events- A, B, and C Finals
- Swimmers for all finals will report directly to the blocks
- A Final will be announced behind the blocks, B and C finals will be announced in the water
- Athletes will exit the pool after each heat
- Alternates may only swim in non-scoring finals, must be in start area ready to swim- we will not call for alternates

Scratches- Prelims and Timed Finals Events- INCLUDING Distance and Relays- There is NO Positive Check-In

- May be made in-person with Administrative Referee or emailed to danwarner1955@gmail.com
 - If you know of pre-meet scratches in advance, please send to Dan Warner at danwarner1955@gmail.com as soon as possible
- Thursday Events- Scratch by 5:00 PM Wednesday
- Friday Events- Scratch by 5:45 PM Thursday
- Saturday Events- Scratch by 6:30 PM Friday
- Sunday Events- Scratch by 6:30 PM Saturday
- Please be cognizant of entry limits- 3 individual events/day- must SCRATCH prior to deadline

No-Shows- Prelims, Individual Timed Final Events

- Will be barred from all further competition that day, including relays and time trials
- Must declare intent to swim to Administrative Referee to be seeded in subsequent days
- May declare a false start prior to start of race for relief, but please properly scratch by the deadlines so that seeding is accurate and heats are full
 - Declared false starts count as an event towards meet and daily limits
- Prior to session start, see Administrative Referee for declared false start; after session start, see Administrative Referee or Deck Referee

Scratching From Finals- Prelim/Finals Events

- Preliminary results will be read and swimmers will have 30 minutes to scratch or declare intention to scratch—see Administrative Referee
- Intent to scratch—Must confirm or void intent within 30 minutes after swimmer's last individual preliminary event of the day—if swimmer does not return, he/she will be seeded
- Penalty for failure to compete in finals—Barred from all further competition including relays and time trials; \$100 fine if no further competition from which to be penalized. Declared false starts and deliberate delay of meet are not permitted in finals and will be regarded as failure to compete. Relief only granted for medical/similar circumstance—see Meet Referee for relief.

Tie Resolution

- 10 & Under Events- 10th, 11th, and 12th
- 11-12 and 13-14 Events- 10th, 11th, 20th, 21st, 22nd
- Senior Events- 10th, 11th, 20th, 21st, 30th, 31st, 32nd
- MUST be resolved during prelims- there will be NO swim-offs before finals

Disqualifications

- Please see Deck Referee with questions
- Relay take-offs will require dual human confirmation; take-off pads are not in use at this meet

Timelines

- Are estimates only—events may start earlier or later than published times
- Post-scratch timelines will be included with heat sheets

Relay Cards

- Are due to Administrative Referee 1 hour prior to estimated relay start
- May make changes up until start of heat- may be made directly with timers or with Administrative Referee

Awards

- Individual high point awards will be presented on Sunday evening

Legal Splits

- Request form is available with Administrative Referee- please request BEFORE swim
- Return form after swim, please provide at least on stopwatch as backup (write stopwatch on form)
- Relay lead-off legs will be automatically loaded unless relay is disqualified

Time Trials

- Time trials cost \$10 for individual events and \$40 for relays.
- Time Trials will be conducted Friday & Saturday starting 15 minutes after the 12 & Under session finishes. Any 13 & Over time trial requests will close at the end of the 13 & Over session and 12 & Under requests by end of 12 & Under session. Sunday will be determined if time allows.
- Swimmers who do not get to swim will be reimbursed.
- Swimmers are reminded that they are only allowed to swim in a maximum of 3 individual events per day including time trials. All events except the 1000 free and the 1650 free will be available for time trials.
- Events will be offered in the order of 50's, 100's, 200's, 400, 500
- All time trial events must have swimmers provide own timers with their own watches

Warm-Ups

- Schedule sent to teams
- No equipment permitted during warm-ups
- Sit and slide entry only- no jumping or diving except in designated areas/times

Continuous Warm-Up/Warm-Down Area

- Absolutely no jumping or diving into this area, sit and slide entry only
- No equipment allowed in warm-up area

Heat Sheets and Meet Mobile

- Meet Mobile will be active throughout the meet with free heat sheets. Heat sheets will also be emailed out to teams. We will not be selling heat sheets at the meet.

Watching the Meet

- The spectator area will be available. There is no charge for admission.
- Streaming may not be available for this meet; however, if it becomes available, information will be distributed.

Volunteer Assignments

- Assigned volunteers will meet in the wet corridor to the pool 30 minutes before the start of each session for their briefing and then will be escorted to the timing area on deck.
- Teams are welcome to rotate parents throughout the session for their lane responsibilities; however, timers whose shift has ended must leave the deck.

Officials

- We are in need of volunteer officials. Please contact Derek Helmer at dhelmer1790@gmail.com if you are able to help.

Contact Info

- Please check your text messages! This will be the primary means that the Administrative Referee will communicate with coaches regarding swimmers scratching into finals and other issues.
- If you need to update contact info, please contact Administrative Referee.

Questions

- Any questions concerning the meet must come through the channel of the team's coach. Parents should not contact meet administration or the facility with questions.

If there is anything we can do to assist your swimmers—please ask—they are our primary concern!